



# ***PAGLALAYAG:*** **THE CFO EXPERIENCE**

**SECRETARY DANTE FRANCIS M. ANG II**  
**Chairperson, Commission on Filipinos Overseas (CFO)**  
**Office of the President of the Philippines**



# GOVERNMENT AGENCIES CATERING TO FILIPINO MIGRANTS



**OVERSEAS FILIPINO  
WORKERS (OFW)**



**FILIPINO EMIGRANTS, PERMANENT RESIDENTS OR  
LONG-TERM RESIDENTS**

# CFO VISION



**FILIPINO EMIGRANTS, PERMANENT RESIDENTS  
OR LONG-TERM RESIDENTS**

*Envisions a community of **well-respected and proudly competitive Filipinos overseas** who contribute significantly to the productivity and well-being of the countries where they reside or work while maintaining strong ties with the Philippines*



# CFO MANDATORY PRE-DEPARTURE SEMINARS



- **Pre-departure Orientation Seminar (PDOS)**
  - required for Filipinos 20-59 years old
- **Peer Counseling Program (PCP)**
  - required for Filipinos 13-19 years old
- **Guidance and Counseling Program (GCP)**
  - required for Filipino spouses and other partners of foreign nationals



# PRE-DEPARTURE ORIENTATION SEMINAR (PDOS)



- For 20-59 years old
- Country-specific seminars daily
- Japan seminars are conducted every Tuesday - online  
Wednesday to Friday - in person
- Topics discussed include travel regulations, basic immigration procedures, cultural differences, settlement concerns, employment and social security concerns, rights and obligations of Filipino migrants, and support network.

# PEER COUNSELING PROGRAM (PCP)

- For 13 to 19 years old
- Conducted daily for youth emigrants bound for various countries
- Discussions on issues of young migrants such as anxiety, language barrier, rejection, discrimination, separation, bullying, stress, culture shock, among others





# GUIDANCE AND COUNSELING PROGRAM (GCP)

- For Filipino spouses and other partners of foreign nationals
- Conducted daily for marriage migrants bound for various countries
- Includes information relative to cultural differences, settlement concerns, rights and obligations, available support and welfare services in other countries
- Serve as an intervention program for marriage migrants who may be potential victims of trafficking in the guise of intermarriage



# 2024 Registered Filipino Emigrants



**FILIPINO EMIGRANTS, PERMANENT RESIDENTS  
OR LONG-TERM RESIDENTS**

**51,250**

Family-based Migrants and  
Immigrant Workers

**7,413**

Youth Migrants  
ages 13-19

**18,174**

Marriage Migrants/Filipino spouses  
and partners of foreign nationals

**76,837** Emigrants



# Top 10 Destination Countries

of Registered Filipino Emigrants (2012-2022)





# POST-ARRIVAL PROGRAMS

## PAGLAYAG

Webinar para sa Paghahanda sa Bagong Komunidad sa Japan ng mga Bagong Dating na Pilipino

3:00-5:00 pm, 17 March 2024, Sunday  
(Philippine Time)



## PAGLALAYAG

Webinar para sa Paghahanda sa Bagong Komunidad sa Japan

**14 Oktubre 2024, Lunes**  
2:00 – 4:00 ng hapon (Oras sa Pilipinas),  
3:00 – 4:00 ng hapon (Oras sa Japan).



Sa mga nais dumalo, maaaring i-scan ang QR code.

## PAGLALAYAG

Webinar para sa Paghahanda sa Bagong Komunidad sa Japan

**8 Pebrero 2025, Sabado**  
2:00 – 4:00 ng hapon (Oras sa Pilipinas),  
3:00 – 4:00 ng hapon (Oras sa Japan).



Sa mga nais dumalo, maaaring i-scan ang QR code.



## PAGLALAYAG BYAHENG JAPAN

**WHAT**

- Learn essential information to help you adjust to life in Japan.
- Gain insights from the experiences of long-time Filipino residents.
- Discover tips for successful integration.

**WHO**

Those encouraged to attend the event are:

- Filipinos planning to move to Japan for a long-term stay and,
- recent Filipino arrivals.

**WHEN**

 **02/08 SAT**  
DEADLINE: 1/15 (Wed)

 **PHT**  
2:00PM-4:00PM

 **JST**  
3:00PM-5:00PM

Sessions:

- Life Orientation
- Group Discussion

Scan or click the link to register now!



[bit.ly/paglalayag2025feb](https://bit.ly/paglalayag2025feb)

Organized by  **SPF SAKAKAWA PEACE FOUNDATION**  **CINGA** Citizen's Network for Global Activities

with the cooperation of  

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# KEY OUTCOMES OF WELL-INTEGRATED PRE-DEPARTURE AND POST-ARRIVAL PROGRAMS FOR FILIPINOS

- ❑ Increased sense of empowerment
- ❑ Successful integration into their new environment
- ❑ Reduced vulnerability to exploitation
- ❑ General well being

# Thank You!

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